

Elementary School Breakfast 2023-24
Breakfast

King George County Public Schools

Mon	Tue	Wed	Thu	Fri
2/26/2024	2/27/2024	2/28/2024	2/29/2024	3/1/2024
Main Entree Mini Maple Pancakes	Main Entree Brown Sugar Poptart (ES) Strawberry Poptart (ES)	Main Entree French Toast Sticks	Main Entree Super Bakery Banana Bread	Main Entree Fudge Poptart (ES) Blueberry Poptart (ES)
Fruit Banana Craisins	Fruit Fresh Clementine Cuties Juice, Apple	Fruit Frozen Cup Peaches Craisins	Fruit Fresh Apples Juice, Orange Pineapple	Vegetable Fresh Carrots w/ Ranch
Milk Chocolate Milk White Milk	Milk Chocolate Milk White Milk	Milk Chocolate Milk White Milk	Milk Chocolate Milk White Milk	Fruit Apple Slices Milk Chocolate Milk White Milk
3/4/2024	3/5/2024	3/6/2024	3/7/2024	3/8/2024
Main Entree Waffle Envy, Maple		Main Entree Mini Pancake Wrap (Maple)	Main Entree Assorted Poptart (ES)	Main Entree Cinnamon Toast Crunch Cereal Kit Assorted Poptart (ES)
Fruit Dole Strawberry Gel Cup Fresh Pears		Fruit Juice, Apple Fresh Orange Slices	Grain Cinnamon Toast Cereal Bar	Vegetable Fresh Carrots w/ Ranch
Milk Chocolate Milk White Milk		Milk Chocolate Milk White Milk	Fruit Cup Peaches Fresh Nectarines	Milk White Milk Chocolate Milk
			Milk Chocolate Milk White Milk	
3/11/2024	3/12/2024	3/13/2024	3/14/2024	3/15/2024
3/18/2024	3/19/2024	3/20/2024	3/21/2024	3/22/2024
Main Entree Cinnamon Toast Cereal Bar	Main Entree Waffle Envy, Maple	Main Entree Mini Maple Pancakes	Main Entree Trix Cereal Kit Coco Puff Cereal Kit	Main Entree Glazed GoodyMan Bun
Fruit Applesauce Cup Craisins	Fruit Mixed Fruit Cup Fresh Clementine Cuties	Fruit Juice, Fruit Punch Pear Cup	Vegetable Fresh Carrots w/ Ranch	Fruit Juice, Apple Fresh Grapes
Milk Chocolate Milk White Milk	Milk Chocolate Milk White Milk	Milk Chocolate Milk White Milk	Milk White Milk Chocolate Milk	Milk White Milk Chocolate Milk

Mon	Tue	Wed	Thu	Fri
3/25/2024	3/26/2024	3/27/2024	3/28/2024	3/29/2024
Main Entree	Grain	Main Entree	Main Entree	
Pizza Bagel (Sausage, Egg, & Cheese)	French Toast Sticks (S)	Mini Powdered Donut Holes in a Cup	Super Bakery Banana Bread	
Vegetable	Fruit	Mini Chocolate Donut Holes in a Cup	Waffle Envy, Maple	
Fresh Carrots w/ Ranch	Cup Peaches	Vegetable	Fruit	
Milk	Fresh Nectarines	Fresh Carrots w/ Ranch	Juice, Orange	
Chocolate Milk	Milk	Milk	Applesauce Cup	
White Milk	Chocolate Milk	Chocolate Milk	Milk	
Dairy and Egg Products	White Milk	White Milk	Chocolate Milk	
Strawberry Go-Gurt			White Milk	

Mon	Tue	Wed	Thu	Fri
2/26/2024	2/27/2024	2/28/2024	2/29/2024	3/1/2024
Main Entree Walking Beef Taco w/ Fritos (ES)	Main Entree Chicken Pot Pie	Main Entree Oven Roasted Chicken	Main Entree Turkey Sausage Patty Scrambled Egg (ES)	Main Entree Cheesey Max Stix (2)
Vegetable Refried Beans Steamed Corn	Vegetable Mixed Greens	Grain Dinner Roll	Grain French Toast Sticks (S)	Vegetable Marinara Sauce Cup Sweet Peas
Fruit Cup Peaches	Fruit Fresh Orange Slices	Vegetable Green Beans	Vegetable Hashbrown	Fruit Dole Strawberry Gel Cup
Milk Chocolate Milk White Milk	Milk Chocolate Milk White Milk	Fruit Baked Apples	Fruit Frozen Strawberry Cup Juice, Apple	Milk Chocolate Milk White Milk
		Milk Chocolate Milk White Milk	Milk Chocolate Milk White Milk	
		Cereal Grains and Pasta Steamed Brown Rice		
3/4/2024	3/5/2024	3/6/2024	3/7/2024	3/8/2024
Main Entree Turkey Breakfast on a Stick		Main Entree Scrambled Egg (ES) Scrambled egg w/ Cheese (ES) Turkey Sausage Patty	Main Entree Chicken Nuggets	Main Entree Fish Fillet on Bun Chicken Patty on Bun
Vegetable Tater Tots Sweet Peas and Carrots		Grain Bridgford Honey Biscuit	Grain Dutch Waffle	Vegetable Fresh Carrots w/ Ranch French Fries Straight Cut
Fruit Applesauce Cup		Vegetable Broccoli and Cheese	Vegetable Green Beans	Fruit Fresh Orange Slices
Milk Chocolate Milk White Milk		Fruit Juice, Orange Tangerine Juice, Fruit Punch	Fruit Baked Apples	Fruit Fresh Orange Slices
Extras Side of String Cheese (Mozzarella)		Milk Chocolate Milk White Milk	Milk Chocolate Milk White Milk	Milk Chocolate Milk White Milk
3/11/2024	3/12/2024	3/13/2024	3/14/2024	3/15/2024

Mon	Tue	Wed	Thu	Fri
3/18/2024	3/19/2024	3/20/2024	3/21/2024	3/22/2024
Main Entree Cheeseburger on Bun Hamburger on a Bun Spicy Black Bean Veggie Burger	Main Entree Chicken Patty on Bun	Main Entree Seasoned Beef Nachos Cheese Nachos	Main Entree Chicken Nuggets	Main Entree Stuffed Crust Pepperoni Pizza Stuffed Crust Pizza Fish Sticks
Vegetable Sweet Peas French Fries Straight Cut	Vegetable Tater Tots Green Beans Fresh Carrots w/ Ranch	Grain Tostitos Baked Tortilla Scoops Spanish Rice	Grain Dinner Roll	Grain Cornbread Muffin
Fruit Blueberry Cupa	Fruit Pear Cup	Vegetable Taco Fiesta Black Beans w/ Corn	Vegetable Steamed Corn Mashed Potatoes with Chicken Gravy	Vegetable Fresh Carrots w/ Ranch
Milk Chocolate Milk White Milk	Milk Chocolate Milk White Milk	Fruit Cup Peaches	Fruit Applesauce Cup	Fruit Apple Slices Fresh Orange Slices
		Milk Chocolate Milk White Milk	Milk Chocolate Milk White Milk	Milk Chocolate Milk White Milk
3/25/2024	3/26/2024	3/27/2024	3/28/2024	3/29/2024
Main Entree Pollock Fish Nuggets	Main Entree Chicken Nuggets Mac and Cheese	Main Entree Shrimp Poppers Beef Hot Dog on Bun	Main Entree Tony's French Bread Cheese Pizza Tony's French Bread Pepperoni Pizza	
Vegetable Tater Tots Edamame	Vegetable Green Beans	Vegetable Steamed Carrots	Vegetable Side Salad Sweet Peas	
Milk Chocolate Milk White Milk	Fruit Cup Peaches	Fruit Mixed Fruit Cup	Fruit Applesauce Cup	
Extras Sidekick: Hooray!	Milk Chocolate Milk White Milk	Milk Chocolate Milk White Milk	Milk Chocolate Milk White Milk	
		Cereal Grains and Pasta Steamed Brown Rice		